

PRODUCTS

Toby Christensen, The Healing Drummer, has created a variety of offerings for you to experience the power and energy of the drum and healing music. Many of these will help you gain a deeper understanding of healing drumming, as well as enrich and empower your life. Below are some of the DVD's, CD's, drums and other products available.

5 Element Drumming (DVD/CD set)

Rhythms For Transformation \$45

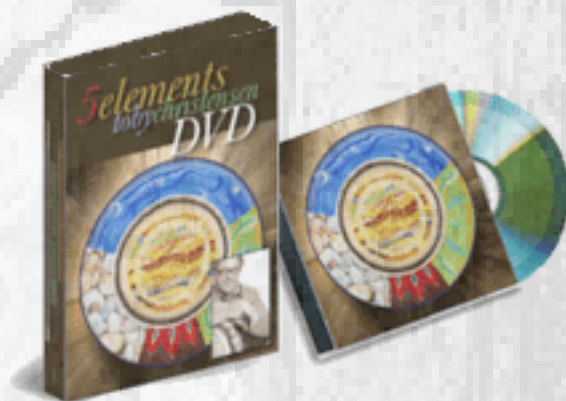
Toby has created a wonderful experiential learning experience that will help you bring strength, power, and balance to your life. This wonderful and informative instructional DVD and companion drumming CD will give you an understanding and connection to powerful ancient teachings and rhythms.

5 simple yet powerful elements compose the foundation of the native African Dagara Medicine Wheel. Each element embodies the energy and ancient truths of a fundamental aspect of life. Connected with each of these elements are also unique and powerful drumming rhythms.

Toby will show you how to use the drum as a tool of personal meditation, empowerment and transformation.

He will also show you, with energetic explanations, examples and creative illustrations, the power, meanings, and teachings of the Dagara West African Medicine Wheel from his western perspective. Then he will demonstrate and guide you through the five element drum rhythms.

The Companion CD, "5 Element Rhythms," contains a 15-minute track for each of the rhythms so you drum along with Toby. Experience how the practice of this type of drumming creates a powerful meditation, helping you to transform your life.

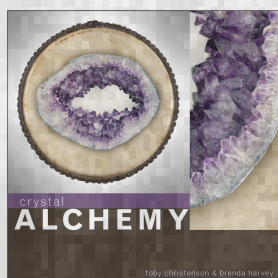


toby christensen

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MUSICAL ENERGY CDs

A different facet of Toby's practice and personal journey inspires each of these CDs. Use them for meditation, focus and empowerment, your own drumming, or just enjoy this wonderful music. Toby has worked with many exciting musicians on these compilations and you can hear some portions of the songs on his informative and comprehensive website www.healingdrummer.com.



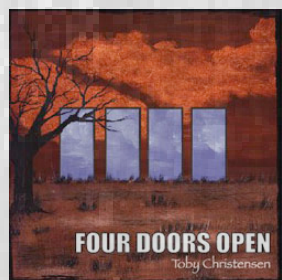
Crystal Alchemy \$15

A beautiful and hypnotic blend of the drum and Australian Didgeridoo and Native American flute transport your mind and your soul. Enjoy each of these magical and mysterious passages: Mystic Journey, Jungle Dance, Walkabout, Play of the Pipestone, Cave Dwellers, and Crystal Alchemy.



The Shaman's Journey \$15

This CD was inspired by Toby's work in Power Reclamation and Soul Retrieval. From earliest of times, the drum has been the tool of the Shaman. Let the intensity of the African Djembe drum combined with the Native American hoop drum catapult you into another world. These powerful rhythms create a mystical environment that connects you to your spiritual sources and allies. The final track is a beautiful combination of strings, choral, drum, and piano created in collaboration with singer and composer Aaron Klump.



Four Doors Open \$15

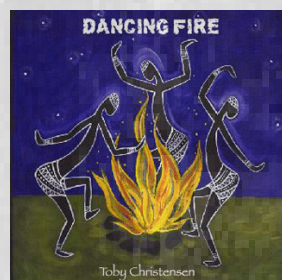
Inspired and refined by years of healing work, each of these songs focuses on a specific healing aspect. Four Doors Open is a CD with a variety of healing rhythms. This CD is optimally designed to be used and meditation and focus for healing. Relax and quietly allow their energy and healing power surround you.

ENERGY—Elevates your mood, improving the immune system.

CHAKRA—Allow your energy centers to open and find balance.

PEACE—Calming restorative meditation, which lowers stress.

EUPHORIA—Joyful rhythms to inspire your soul.



Dancing Fire - remix \$15

This second generation of Dancing Fire is powerful blend of drum and instruments that will fill you with energy. The music makes you want to move, sway and dance. It is an effective tool for movement therapy, stress relief, mood elevation, and building energy. It has been incredibly helpful for people with depression or chronic fatigue.

healingdrummer.com